



EDUCATIONAL CLASSES

January-February 2018

Zanzibar - 1731 L St., Sacramento CA 95811 (corner of 18th & L Streets)
(916) 443-5601 (916) 443-2057 www.ZanzibarTrading.com

All classes are held in our climate controlled Classroom in West Sacramento. Free Parking.
Light refreshments are served. You will receive a detailed program at signup!

SIGN UP NOW!

Come into our shop to sign up!



Life with Minerals: INTRO

Love rocks, minerals and crystals? This beginner's class is for you! The history of humans and stones, their usage and significance, how the stones use the power of energy, basic cleansing of stones, Chakras and healing will all be covered in this class.

BEGINNER
CLASS 101
\$25/person

Taught by Vincent (Mineral Specialist)
Mon, Jan. 15, 7pm - 8:30pm
Sat, Jan 27, 7pm - 8:30 pm



Singing Bowls

Tibetan, Nepalese, Indian, Japanese and Korean will be discussed along with tingshas, gongs, bells, dorjes and other traditional Asian instruments. We will go over the history of these instruments, how they are crafted and how to play and use them.

INTERACTIVE
CLASS 301
\$25/person

Taught by Scott (Zanzibar Owner)
Wed, Jan. 17, 7pm - 8:30pm
Tues, Jan. 23, 7pm - 8:30pm



Advanced Minerals

In this class we will talk more in-depth about the divine connection between people, their minerals, and the metaphysical properties that are so beneficial. We will talk about our chosen Minerals of the Week and even tell you about your own minerals that you can bring in.

ADVANCED
CLASS 103
\$25/person

Taught by Vincent (Mineral Specialist)
Thurs, Jan. 18, 7pm - 8:30pm
Tues, Jan. 06, 7pm - 8:30pm



The 7 Chakras

Our chakra class covers an in depth look at the 7 chakras and energy. You'll learn about their properties, what they represent, what causes an energy block in your body, and how unlocking all of your chakras helps you. This class is part 1 of 2, and is mainly informational.

BEGINNER
CLASS 201
\$25/person

Taught by Vincent (Lead Spiritualist)
Mon, Jan. 22, 7pm - 8:30pm
Sat, Feb. 03, 7pm - 8:30pm



Healing with Crystals

Minerals are becoming part of life once again. We will teach you how to incorporate your minerals as part of your everyday life and tap into their remarkable healing properties. We will teach you about elixirs, chakra working, energy purification and much more all in this wonderfully informational class.

Should be taken after intro to minerals

BEGINNER
CLASS 702
\$25/person

Taught by Genevieve (MFT Psycho-Therapist)
Thurs, Feb. 01, 7pm - 8:30pm
Wed, Feb. 19, 7pm - 8:30pm

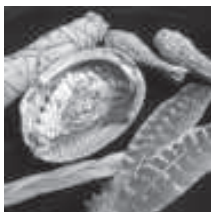


Women's Health

Ever feel like your world is falling apart? Like no matter what you do things just never work out? Stress is a part of life, but it does not have to leave you feeling out of control. In this class you will be taught how to strategically handle the stress that comes from day to day life. Our professional therapist will cover multiple methods on how to help you better your life by managing your stress.

BEGINNER
CLASS 701
\$25/person

Taught by Genevieve (MFT Psycho-therapist)
Wed, Jan. 31, 7pm - 8:30pm



Herbalism and You

Have you ever smelled the flowers and realized how wonderful life is? Well, there could be a medicinal reason as to why it's so appealing. This class lightly dives into the world of herbs including such topics as uses, a brief history of herbs, and different methods on how to employ them.

BEGINNER
CLASS 501
\$25/person

Taught by Vincent (Lead Herbalist)
Wed, Feb. 07, 7pm - 8:30pm



Chakra Clearing

Part 2 of 2 classes involving chakras; this class is interactive due to the fact that we will be working with people to clear one chakra at a time. You will have to bring something comfortable to sit or lay down upon, or anything else you might need to relax. We will provide refreshments and spiritual guidance.

ADVANCED
CLASS 202
\$25/person

Taught by Vincent (Lead Spiritualist)
Sun, Feb. 04, 5pm-6:30pm

ZANZIBAR EDUCATIONAL CLASSES JAN - FEB 2018

Class Location & Information

Classes will be held in our classroom, located in our air conditioned warehouse space in West Sacramento, just across the freeway from Ikea. You must provide your own transportation.

There are no adjacent public transit stops.

The address is: **752 North Port Drive, West Sacramento, CA, 95691** UNIT B (first unit closest to street). This is just across the freeway from IKEA (however you have to access the warehouse from Hwy 50, preferably from the Harbor Blvd exit.) (see map)

DIRECTIONS:

Take Hwy 50 WEST over river. Take the Harbor Blvd Exit and turn right (north). After first light, get in left turn lane to turn left onto West Capitol Ave. Follow West Capitol Ave until it goes under the freeway, and make the first right onto North Port Drive. Our warehouse is on the left-hand side less than 1/8 mile down.

Ample on-site parking is available, however Zanzibar does not accept responsibility for your vehicle or items in your vehicle. Limited parking is immediately in front of the building, the remainder is in back or on street. Most parking is in the back (there is no entry to the classroom at the back). You can walk on the sidewalk to the front entrance. The front entrance is located at the second driveway. Signs will be present for your convenience. Parking lot and street lighting is minimal, if taking a night class we recommend bringing a flashlight.

POSSIBLE UPCOMING CLASSES

We have many ideas for upcoming classes that we plan to offer in the future. If you have suggestions or even a special skillset and can teach classes, let us know! Possible future classes include:

Making Tissue Paper Mexican Flowers

Learn to do Day of the Dead Face Painting

Decorate a Sugar Skull (fall 2018, we can't this year due to travel)

Make a miniature Day of the Dead Altar

Classes on Hinduism, Buddhism, African Art, World Cultures & Travel...and more!

Registration, Cancellations & Class Details

Registration and pre-payment are required before all classes. Zanzibar requires a minimum number of attendees/students for each class that we hold. We will review class signups 24 to 48 hours in advance, and if the minimum students have not registered, we reserve the right to reschedule the class for a future date.

Refunds will not be given, but we will gladly give you a credit towards a future class or use in our store/gallery. Reminders are not given for classes, so please set a reminder for yourself. No refunds nor credit will be issued if you fail to show for a class, or if you cancel less than 24 hours in advance. If you have something come up, and cannot attend your reserved class, simply let us know a minimum of 24 hours in advance (no voice mail messages, please!) and we will gladly give you a credit towards a future class or for in-store use.

Light refreshments will be provided. Most classes are 1 hour to 1.5 hours. Most interactive classes will provide materials unless otherwise noted. Most classes will also offer a discount in our shop for related items. A minimum age of 12 years old is required to attend classes except for private classes.

Private classes for your friends are available with a minimum number of 10 attendees. You may select any class subject. Just ask for assistance in order to schedule your private class with one of our teachers!